

CORONAVIRUS VERSES TO COMFORT, PRAY, MEMORIZE AND HOLD ON TO

Luke 12:7

And the very hairs on your head are all numbered. So don't be afraid; you are more valuable to God than a whole flock of sparrows.

Psalms 139

O Lord, you have examined my heart and know everything about me.
You know when I sit down or stand up. You know my thoughts even when I'm far away.
You see me when I travel and when I rest at home. You know everything I do.
You know what I am going to say even before I say it, Lord.
You go before me and follow me. You place your hand of blessing on my head.
Such knowledge is too wonderful for me, too great for me to understand!
I can never escape from your Spirit! I can never get away from your presence!
If I go up to heaven, you are there; if I go down to the grave,^[a] you are there.
If I ride the wings of the morning, if I dwell by the farthest oceans,
even there your hand will guide me, and your strength will support me.
I could ask the darkness to hide me and the light around me to become night— but even in darkness I cannot hide from you. To you the night shines as bright as day. Darkness and light are the same to you.
You made all the delicate, inner parts of my body and knit me together in my mother's womb.
Thank you for making me so wonderfully complex! Your workmanship is marvelous—how well I know it.
You watched me as I was being formed in utter seclusion, as I was woven together in the dark of the womb.
You saw me before I was born. Every day of my life was recorded in your book. Every moment was laid out before a single day had passed.
How precious are your thoughts about me, O God. They cannot be numbered!
I can't even count them; they outnumber the grains of sand! And when I wake up, you are still with me!
O God, if only you would destroy the wicked! Get out of my life, you murderers!
They blaspheme you; your enemies misuse your name.
O Lord, shouldn't I hate those who hate you? Shouldn't I despise those who oppose you?
Yes, I hate them with total hatred, for your enemies are my enemies.
Search me, O God, and know my heart; test me and know my anxious thoughts.
Point out anything in me that offends you, and lead me along the path of everlasting life.

James 1:19-21

Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry. Human anger does not produce the righteousness God desires. So get rid of all the filth and evil in your lives, and humbly accept the word God has planted in your hearts, for it has the power to save your souls.

Proverbs 29:11

Fools vent their anger, but the wise quietly hold it back.

James 4: 1-2

What is causing the quarrels and fights among you? Don't they come from the evil desires at war within you? You want what you don't have, so you scheme and kill to get it. You are jealous of what others have, but you can't get it, so you fight and wage war to take it away from them. Yet you don't have what you want because you don't ask God for it.

Proverbs 15:1

A gentle answer deflects anger, but harsh words make tempers flare.

Matthew 11:28-30

Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light."

Isaiah 41:10

Don't be afraid, for I am with you. Don't be discouraged, for I am your God.
I will strengthen you and help you. I will hold you up with my victorious right hand.

Philippians 4:8

And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.

Matthews 6:28-34

"And why worry about your clothing? Look at the lilies of the field and how they grow. They don't work or make their clothing, yet Solomon in all his glory was not dressed as beautifully as they are. And if God cares so wonderfully for wildflowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith? So don't worry about these things, saying, 'What will we eat? What will we drink? What will we wear?' These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need. So don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today."

Psalms 121

I look up to the mountains— does my help come from there? My help comes from the Lord, who made heaven and earth! He will not let you stumble; the one who watches over you will not slumber. Indeed, he who watches over Israel never slumbers or sleeps.
The Lord himself watches over you! The Lord stands beside you as your protective shade.
The sun will not harm you by day, nor the moon at night. The Lord keeps you from all harm and watches over your life. The Lord keeps watch over you as you come and go, both now and forever.

Jeremiah 29:11-13

For I know the plans I have for you," says the Lord. "They are plans for good and not for disaster, to give you a future and a hope. In those days when you pray, I will listen. If you look for me wholeheartedly, you will find me."

Mark 1:35

Before daybreak the next morning, Jesus got up and went out to an isolated place to pray.

Philippians 4:6-7

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.