

- 1. Brainstorm summer bucket list items with your family. Take these ideas and pick two to four themes to represent your summer goals. List them below.
- 2. Set one to four goals for each theme. Make them specific and measurable.
- 3. Create a to do list for each goal. Make every task simple and doable in a short period of time.
- 4. Set a deadline for each task. Put these deadlines on your calendar. Check them off as you complete them.

Theme:	
Goal One:	
To Do:	Deadline:
Goal Two:	
To Do:	Deadline:
Goal Three:	
To Do:	Deadline:
Goal Four:	
To Do:	Deadline:

Summer G	oals
Theme:	
Goal One:	
To Do:	Deadline:
Goal Two:	
To Do:	Deadline:
Goal Three:	
To Do:	Deadline:
Goal Four:	
To Do:	Deadline:
Notes	
Notes	